

EVENTS & CALENDAR

Calendar:

February, 12 2013

Regional Meeting
Space Coast Endoscopy &
Wuesthoff Hospital

March 27, 2013

GI Nurse and Associate Day

April 6, 2013

Spring into Endo
Cape Canaveral Hospital

May 17-22 2013

SGNA 40th Annual Course
Austin, Texas

June 11, 2013

Regional Meeting
Celebration Hospital

August 13, 2013

Regional Meeting –
Melbourne GI

September 2013

State Meeting
Grand Cypress Orlando

October 8, 2013

Regional Meeting
Endo Surgical Center of Florida

December 3, 2013

Regional Meeting -TBD

SGNA Newsletter

Nancy Hamlin, Editor
3650 Wood Duck Drive
Mims FL 32754

Visit our web site: www.sgnaflorida.org



The professional Newsletter for Greater Orlando's Society of Gastroenterology Nurses and Associates | February 2013



December Meeting Report & GOSGNA Update

The December meeting took place at Florida Hospital South. There were 35 attendees. Thank you, Endochoice for sponsoring this meeting. Dr. Kashi gave a very informative and entertaining talk on Common Digestive Diseases.

During the short business meeting that followed the election for Treasurer and Secretary /Newsletter Editor took place. Candidates for treasurer included Linda Fitzstevens and Jacki Thornton with Linda winning the election. Denise Pederson ran unopposed for Secretary/newsletter editor. Congratulations to both of you!

Leslie again encouraged all members to cast their votes in the National SGNA elections by January 15th.

Raffle gift cards went to Kim Roman, Sally Newman, and Jean Perdue. The 50/50 was won by Nancy Hamlin.

With the unexpected resignation of Denise Pederson from her new position as secretary, the Board, in accordance with the bylaws, elected Lisa Brown to this position. The board also appointed Monica Kirkpatrick as the new vendor coordinator.

Mark Your Calendar!

February 12, 2013

6:30 PM

Host: Space Coast Endoscopy and Wuesthoff Hospital Rockledge

Place: Holiday Inn Express/Space Coast Convention Center
301 Tucker Lane, Cocoa, FL
321-635-9975

Directions: This is actually on highway 520 just west of the I-95 and SR 520 exchange (exit 201 from I-95)

Speakers: Moses Taylor Medtronic Rep

Topic: Gastric Electrical Stimulation

Dinner and one CEU (must have license # to get CEU)

Members free; non-members \$10;

Non-member techs \$5

RSVP by February 8, 2013 to Nancy Dean
ndean@amsurg.com or 321-504-4440

GOSGNA NEWS 2013

Officers for 2013:

President:

Leslie McRae-Matthews MSN, CGRN
VA Clinic Orlando
(H) 407-884-6684
Matth1166@juno.com

President Elect:

Don Cooper MBA BSN RN CGRN LNC
Florida Hospital Heartland
(W) 863-402-3279
don.cooper@ahss.org

Past President:

Jackie Mahoney RN, CGRN
Surgery Center of Mount Dora
(W) 352-383-1268
(H) 352-250-6899
jmahoney7276@yahoo.com

Secretary/Newsletter Editor/Website Director:

Lisa Brown, RN
Celebration Health
Lisa.brown2@floridahospital.org

Treasurer:

Linda Fitzstevens BSN RN, CGRN
South Seminole Hospital in Longwood
Cell 407-529-5326
linsufit@hotmail.com

Additional Board Members

CEU Coordinator:

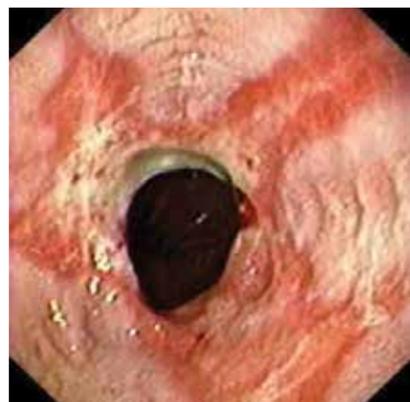
Mary Wagner RN
Florida Hospital Altamonte
(W) 407-303-2251
(H) 407-365-1232
mk_wagner@yahoo.com

Vendor Coordinator:

Monica Kirkpatrick RN CGRN
Melbourne GI
(W) 321-259-7111
(H) 321-327-7528
melo57@cfl.rr.com

SIE Coordinator:

Donna McKinley RN, CGRN
Cape Canaveral Hospital
(W) 321-868-7230
(H) 321-453-0153
Mmckinley1@cfl.rr.com



Can you identify this?
Answer on page 3.

Introducing the Medivators
Countertop CER Optima™

Medivators is a proud sponsor of GOSGNA

The CER Optima automated endoscope reprocessor features:

- Barcode Scanning
- Printed Cycle Documentation
- Automated Alcohol Flush
- Simple Touchpad Operation
- Ability to Process up to 2 Endoscopes

MEDIVATORS® A Cantel Medical Company
Contact your local Reprocessing Consultant,
Wendy Kirkby @ 612-839-5089

Endoscopy infection prevention ... the way it should be™

Letter from the President

Well, I cannot believe the first year of my term as regional President is already over. I am looking forward to the coming year. I hope that everyone had a wonderful Christmas holiday. I would like to thank Jackie Thornton and her staff for hosting the December meeting, thanks to Denise from EndoChoice for sponsoring the meeting and thanks to Dr. Kashi for doing a good talk on Common Digestive disorders.

Congratulations to our new Board Member: Linda Fitzstevens-Treasurer. We welcome her and look forward to a great year. Denise Pedersen was elected as Secretary, but will not be able to accept the position due to a change in her field of practice. I would like to encourage all of you to become more involved in the region and hopefully run for an office in the future.

As we enter 2013, I hope that this year brings each of you more happiness, good health and prosperity. I hope that it will also bring more success to our region. I am hoping that we will be announced as the "Outstanding Regional Society" in May. We have our calendar for the upcoming regional meetings and hope to see everyone at the meetings.

—Leslie McRae-Matthews, MSN, CGRN
GOSGNA Regional President

Top GI Stores of 2012

With 2012 over and a New Year beginning let's take a look at the top stories from 2012 that will be of interest to anyone involved in GI.

In the esophageal disease arena, we now know that endoscopic ablative therapies have become the standard of care in managing dysplastic Barrett esophagus, but incident cancers and recurrent dysplasia are being seen after successful complete ablation. Thus, continued surveillance of these patients is required. As for eosinophilic esophagitis, we can now add food elimination diets (e.g., dairy, wheat) to our therapeutic armamentarium.

With regard to colonic disease, we now have proof that we can prevent both distal and proximal colon cancer with high-quality colonoscopy, but high-quality colonoscopy requires an optimal bowel prep (split-dose, PEG-based) and skilled colonoscopic technique. Accomplishing colon cancer prevention is really in our hands — by performing careful, high-quality colonoscopy. Also, we now know that the best treatment for C. difficile colon infection is fecal

transplantation. We await the release of a commercial preparation, which could transform this potentially debilitating and difficult disease into a mere nuisance for both patients and doctors alike.

When it comes to chronic pancreatitis, we have learned that smoking may be an equally important risk factor as alcohol, and our interventions should be aimed at both.

Finally, for liver disease, every year seems to bring major shifts in diagnostic and therapeutic advancements. This year is no exception, with emerging evidence that we are nearing an effective oral therapy for hepatitis C infection. Furthermore, although still unclear, it seems that screening for hepatocellular carcinoma in patients with chronic liver disease does result in improved outcomes.

The year has taught us a lot, and we should look forward to all we will learn in 2013.

Adapted from an article in Journal Watch Gastroenterology.

Answer to can you identify this?
Reflex esophagitis grade D according to the LA-classification.