



**The professional Newsletter for Greater Orlando's Society of  
Gastroenterology Nurses and Associates | June 2022**

**Join our Facebook group!**



**Mark Your Calendar!**  
**Saturday , August 27th**

**Next GOSGNA Meeting**

**8:00 a.m. - 12:45 p.m.**

**Fall Into Endoscopy**

Orlando Health South Lake Hospital  
National Training Center  
1935 Don Wickham Drive, Clermont Fl. 34787

*Registration fee: SGNA Members \$20*

*Non Members and at the door \$40*

Brochures and more information will be arriving by mail and email in the next several weeks. All the information for GOSGNA officers remains the same.

**GOSGNA Updates**

## **SPRING INTO ENDOSCOPY**

We had our first face-to-face Spring into Endoscopy meeting at Cape Canaveral Hospital on March 26th, 2022. There were 6 excellent speakers with topics ranging from the Evils and Updates of PPIs to Medical Endoscopic approaches to weight loss and Obesity.

Thank you to our speakers and our sponsors for this event. We had 26 attendees and were grateful for the time we had to collaborate and visit with each other. Raffle baskets were donated by Jackie Thornton, Linda Fitzstevens Lorraine Blake, Don Cooper, and Lynette Crawford. Thanks to Lee-Anne Hewitt for helping out at the raffle table, and to Nancy Lopez and Mickie Diebert for helping at the registration table.

Basket winners were Chris Murphy, Thelma May Sullivan, Lorraine Blake, Don Cooper, and Christie Stanaland who actually won 2 baskets! Our 50/50 winner was Shannon Ketelsen! We also had a drawing for a free membership SGNA Membership for 2023.

## **NATIONAL SGNA CONVENTION - SALT LAKE CITY - MAY 22-24TH**

We had 4 individuals from our region attend the national convention in Salt Lake City this year. It was the first face-to-face meeting in two years! Once again a wonderful time to collaborate and to have excellent educational opportunities. Salt Lake City is beautiful...surrounded by gorgeous mountains and having the Great Salt Lake so close by provided some unique site-seeing opportunities.

The national convention will be held in Phoenix, Arizona next year! More information to come.

## **FALL INTO ENDOSCOPY**

Members will be receiving registration brochures in the next several weeks for Fall Into Endoscopy which will be held on August 27th from 0800-1245 at the Orlando Health South Lake Hospital National Training Center. 1935 Don Wickham Drive. Clermont Fl. 34787

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# **Belly Laugh!**



## Letter From the President

Some of us have just returned from the National Convention held in Salt Lake City and we look forward to the next few months for further educational opportunities.

Fall into Endoscopy will be held in August, and the State meeting in September will provide special hands-on labs and sessions for our nurses and our GI techs alike. Our state regions are focusing on encouraging and providing educational opportunities designed especially for our GI techs. There will be further information in the next few months about how our GI techs will have a

Nurses are encouraged to attend and help out at our Fall Into Endoscopy event in order to qualify for scholarships to the State meeting. Please feel free to contact any of the board members if you or your region would be interested in hosting the late fall regional meeting to be held in November.

Have a safe Summer! We look forward to seeing all of you at the upcoming events

**- Lorraine Blake BSN**  
*President GOSGNA 2020*

scholarship opportunity to attend the State Meeting.

# SGNA National Convention in Salt Lake City

## May 21-May 24th 2022





# GRAND BALLROOM







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## **Cannabis Users Require More Sedation for Endoscopy**





**Summary:** *Cannabis users undergoing gastric endoscopy procedures generally require more sedation than non-cannabis users, researchers report.*

**Source:** *American Gastroenterology Association*

Patients who use cannabis required higher levels of sedation during gastric endoscopies than non-users, according to research to be presented at Digestive Disease Week (DDW) 2022. As cannabis is legalized in more places and usage rises, clinicians should be aware of patients' habits and prepare themselves and their patients for increased sedation and accompanying risks, researchers said.

"Patients didn't have increased awareness or discomfort during procedures, but they did require more drugs," said Yasmin Nasser, MD, Ph.D., lead researcher on the study and assistant professor at Snyder Institute for Chronic Diseases Cumming School of Medicine University of Calgary.

Researchers conducted a prospective cohort study of 419 adult outpatients undergoing endoscopic procedures at three Canadian centers. Procedures were conducted under conscious

The questionnaires were analyzed along with details about the use of the sedatives midazolam, fentanyl and diphenhydramine during the procedure.

Cannabis use was associated with increased odds of requiring higher total sedation—defined as more than 5 mg of midazolam, or more than 100 mcg of fentanyl, or the need for diphenhydramine—during gastroscopy, an endoscopic procedure that begins with insertion of a tube and camera through the throat.

Cannabis use was not associated with higher use of sedation during colonoscopy. Gastroscopy generally requires more sedation than colonoscopy because the inserted scope causes irritation in the upper part of the gastrointestinal tract, often triggering the gag reflex.

Cannabinoid use was not independently associated with fentanyl use or adverse events, nor was it associated with intra-procedural awareness or discomfort.

This study looked at whether patients were users or non-users of cannabis, but did not examine the timing, quantity or route of cannabis intake

sedation, which leaves the patient relaxed and comfortable but partially conscious during the procedure.

Each patient completed two questionnaires, one before the procedure about their cannabis use and another afterwards indicating their awareness and comfort level during the procedure.

prior to procedure, whether it was inhaled, vaporized, ingested or otherwise. Researchers say these variables could be the basis for future study.

Also, researchers only examined the impacts of baseline cannabis use during procedures that use conscious sedation and did not examine its impact on propofol sedation, which is more commonly used in the U.S.

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### **GOSGNA Officers for 2022**

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#### **SGNA Legislative Liaison for National SGNA**

Vacant

#### **Board member at Large/CE Coordinator**

Vacant

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### **EVENTS & CALENDAR 2022**

#### **August 27, 2022**

Fall Into Endoscopy

#### **September 9-11, 2022**

46th SGNA/FGS Annual Joint Meeting  
(aka State)

OH, South Lake Hospital  
National Training Center

Hilton Orlando Buena Vista Palace  
Lake Buena Vista, Florida

**Nov. 8, 2022**

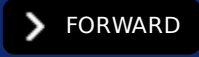
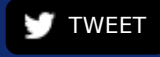
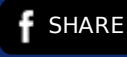
Regional Dinner/CE Meeting

TBA



**SGNA Florida**

**Don't forget to renew your SGNA membership for 2022 and update your information so you can continue to enjoy all the benefits of SGNA!**



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